



Post Title: Community Mental Health Practitioner (Youth Worker)

Rate of Pay: £12 per hour

Hours: 22.5hrs per week (0.6FTE)

Responsible To: Senior Lead Youth Worker

Managed by: Youth Development Manager

Responsible For: Open-Access Delivery, Mental Health Support for YP, Mental Health Partnership Activity

Deadline for applications:

Interviews will be held on:

Overview:

Full Circle @Docklands Ltd was established in 1980 to provide camping trips and give local children and young people access to positive opportunities and respite from their urban environment. We continue to provide services to children, young people and families in St. Pauls on an open access basis, digital platforms and through one-to-one work. We work to empower the community by raising aspirations, providing recreational activities, promoting community cohesion and encouraging social inclusion.

What is the overall purpose of the role?

This role is part of a 12 month project to increase support for young people from African and Asian Heritages with their mental health within a youth work setting. You will offer activity that supports positive mental health, raise awareness and offer skills in self care and act as a means of decreasing the number of young people needing to access more serious specialist mental health services. Your role will also offer young people access and pathways into different services and resources that are available in the city and will work closely with our partner organisations Off the Record (OTR) and Public Health to build our knowledge of what's available. The majority of your activity will take place in Full Circle's open access youth work sessions but you will have the chance to work with other partner organisations that deliver youth activity from Docklands Centre or in the East Central Bristol Area.

You will ensure a safe and positive experience for every young person that Full Circle engages with. We aim to deliver all our work in line with the nationally agreed definition of Youth Work from the [National Youth Agency](#). This is:

- To support a young person's personal, social and educational development.
- To explore their values, beliefs, ideas and issues.
- To enable them to develop their voice, influence and place in society.
- To acquire a set of practical or technical skills and competencies, to realise their full potential.



Responsibilities:

You will work directly with young people aged 10 – 19 (with the main target being 8 – 16-year-olds) in centre-based, outreach and digital platforms. This will be in group and one to one settings. You will:

- Plan, organise, facilitate and participate in games, activities and discussions around mental health with children and young people.
- Raise young people's awareness of the issues which affect them and empower them to participate in positive community action.
- Build effective relationships between Full Circle/OTR and the local African and Asian Heritage communities to increase knowledge and access for young people into health and wellbeing services.
- Be part of changing the story and expectations of young people from diverse communities, professionals and carers related to when, what and how young people use mental health services.
- Assist in the planning and delivery of the activities, sessions and 1-1 activity both in person and will need confidence in utilising digital platforms.
- Undertake training and deliver best practices in relation to promoting positive mental health amongst our service users.
- Communicate with the youth development manager, senior youth lead and other sessional workers to ensure a rounded delivery of our programme of activities.
- Build a robust link between Full Circle, Off the Record (OTR) and other professional and youth services supporting the African and Asian Heritage communities, in order that young people receive appropriate and timely support.
- Empower young people to use OTR both when they are struggling and to actively look after their mental health, through online registration, coming along to the service base, and by being active in the community.
- Ensure that participation is at the forefront of Full Circle's work by collecting feedback from young people to help shape and develop this role.
- Extend Full Circle's reach into different communities of young people.
- Supervise the children and young people and ensure general health and safety and conduct.
- Listen and build rapport with young people in sessions to understand what matters to young people and support them in achieving positive outcomes both individually and collectively.
- Assist with necessary set-up and clean-down.
- Feed information into the required monitoring and outcomes framework.
- Comply with our policies and keep within agreed delivery and incident reporting procedures.
- Report essential information to your senior lead so they can signpost appropriately and effectively to the community and relevant services where necessary.
- Work in ways that promote equality of opportunity, participation, and responsibility.
- Attend team meetings, training and one to one supervision.



Personal Specification

Essential

Ability to communicate with children and young people
Basic experience in supporting people's Mental Health, which you are looking to develop.
Basic experience of delivering activities to groups
Basic experience of working with people in a 1-1 setting
Basic understanding of safeguarding (training will be offered)
Experience of delivering workshop activity online and in person
Good general communication skills
Strong leadership and motivational ability
Willingness to engage in training and development
Commitment to the development and delivery of youth opportunities for children of all abilities
Commitment to the core values of young people's empowerment and participation.
Ability to act on own initiative, able to prioritise and make decisions, respond to change positively
Commitment to Equality of Opportunity and Diversity

Desirable

Have lived experiences of the challenges that young people and people from BAME communities faced in areas such as St Pauls.
Experience of working in a youth/education/social work/healthcare or relevant environment with young people
Qualifications related to youth work or mental health

To apply,

Any questions regarding the application please contact Charmaine Lawrence at
Charmaine@fullcircleproject.org.uk - or 07523 847 236 or for more general enquiries please contact
admin@docklandscentre.org.uk or 01179077164.